

## Sunday

**8:30 – 10 am**  
C, NC, SG, SP, ♿  
**Steps To Freedom**  
St. Luke's Hospital - Monroe  
Conference Rooms A&B (Lower Level)  
100 St Luke's Lane  
Stroudsburg, PA 18360

**6:30 – 8 pm**  
  
O, SP, ST, ♿  
**We Became Willing – HYBRID**  
ID: 5709725149  
Password: 683681  
The Mountain Center  
(Entrance at Rear of Building)  
354 Memorial Blvd  
Tobyhanna, PA 18466

**7 – 8:30 pm**  
C, SP, BT, LC  
**We Are One**  
Stroudsburg Wesleyan Church  
915 North 5th Street (Route 191)  
Stroudsburg, PA 18360

## Monday

**12 – 1:30 pm**  
O, SP  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**12 – 1:30 pm**  
SP  
**Celebrate Today- ZOOM**  
ID: 5702346900  
PW: 949566

**6:30 – 8 pm**  
C, SP, ♿  
**A Few Good Men**  
Stroudsburg Wesleyan Church  
915 North 5th Street (Route 191)  
Stroudsburg, PA 18360

**7 – 8:30 pm**  
C, RF, ♿  
**Gratitude Is Our Attitude**  
East Stroudsburg Presbyterian  
Church, 55 Smith Street  
East Stroudsburg, PA 18301

**\* NO SMOKING ANYWHERE ON CHURCH  
GROUNDS\***

**7 – 8:30 pm**  
O, CL, RF

**Monday Night Candlelight**  
Hope Springs Community of  
Faith Church 301 Market St/  
Corner of Market St & 3<sup>rd</sup> St,  
Bangor, PA 18013

## Tuesday

**12 – 1:30 pm**  
O, RF, TR, IP  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**12 – 1:30 pm**  
SP  
**Celebrate Today- ZOOM**  
ID: 5702346900  
PW: 949566

**7:00 – 8:30 pm**  
O, RF, ♿  
**The Few, The Proud, The Serene**  
St. Paul's Lutheran Church  
158 Fish Hill Rd  
Tannersville, PA 18372

## Wednesday

**12 – 1:30 pm**  
O, ST  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**12 – 1:30 pm**  
SP  
**Celebrate Today- ZOOM**  
ID: 5702346900  
PW: 949566

**6 – 7:30 pm**  
**At the End of the Road (Women's Meeting)**  
East Stroudsburg United  
Methodist Church  
83 South Courtland St  
East Stroudsburg, PA 18301

**7 – 8:30 pm**  
O, RF, SP, SD, LC, ♿  
1<sup>st</sup> WK: ST/SP  
2<sup>nd</sup> WK: SD/SP  
3<sup>rd</sup> -5<sup>th</sup> WK: LC/SP  
**No Nonsense Group**  
St. John's Evangelical Lutheran  
Church, 9 North 9<sup>th</sup> Street  
(Rear Entrance)

Stroudsburg, PA 18360

**\*NO SMOKING ANYWHERE ON CHURCH GROUNDS \***

**7 – 8:30 pm**  
O, B, ST  
**Hope In Coolbaugh - HYBRID**  
ID: 2623197495  
PW: 298650  
The Mountain Center  
(Entrance at Rear of Building)  
354 Memorial Blvd  
Tobyhanna, PA 18466

## Thursday

**12 – 1:30 pm**  
O, LD, LC  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**12 – 1:30 pm**  
SP  
**Celebrate Today- ZOOM**  
ID: 5702346900  
PW: 949566

**7 – 8 pm**  
O, LD, RF, RR  
1<sup>st</sup> WK: HW  
2<sup>nd</sup> WK: LC  
3<sup>rd</sup> WK: SG  
4<sup>th</sup> WK: BT  
5<sup>th</sup> WK: CC  
**The Ultimate Weapon**  
Community Bible Church  
899 Route 940  
Blakeslee, PA 18347

**7 – 8:30pm**  
O, RF  
**Acceptance, Faith, & Commitment**  
St. Paul's Lutheran Church  
(Left Side Entrance)  
139 Craigs Meadow Road  
East Stroudsburg, PA 18301

## Friday

**12 – 1:30 pm**  
O, BT  
**Just For Today**  
East Stroudsburg United  
Methodist Church  
83 South Courtland Street  
East Stroudsburg, PA 18301

**12 – 1:30 pm**  
SP  
**Celebrate Today- ZOOM**  
ID: 5702346900  
PW: 949566

**5:30 – 6:30 pm**  
O, RF, ♿  
**Simplicity Is The Key**  
St. Luke's Hospital - Monroe  
Conference Rooms A&B (Lower Level)  
100 St Luke's Lane  
Stroudsburg, PA 18360

**7:30 – 9 pm**  
C, ST, TR, SP, ♿  
**Miracles in the Mountains**  
Christ Episcopal Church  
(Downstairs – Side Entrance)  
205 North 7th Street  
Stroudsburg, PA 18360

## Saturday

**7:30 – 8:30 am**  
**The Living Clean Group – ZOOM**  
ID: 8489823297  
Password: 242421

**8:30 – 10 am**  
C, RF, SG, SP, TR  
**If You Want What We Have To Offer**  
Stroudsburg Wesleyan Church  
915 North 5th Street (Route 191)  
Stroudsburg, PA 18360

**7:00– 8:30 pm**  
O, BT  
**Message Of Hope**  
St. Paul's Lutheran Church  
(Left Side Entrance)  
139 Craigs Meadow Road  
East Stroudsburg, PA 18301



ALL FACILITIES ARE NON-SMOKING



*Find Additional Meetings & Information about  
Narcotics Anonymous at  
NA.org*

*Learn More about Our Region and find meeting lists for  
other areas in our region at MARSCNA.org*

