Welcome to the Twin Rivers Area Midday Meeting of Narcotics Anonymous

My name is \_\_\_\_\_\_\_\_\_\_ and I am an addict.

Can you please help me open this meeting with a moment of silence followed by the serenity prayer?

In NA, the only requirement for membership is the *desire* to stop using. In this meeting we ask that you be mindful of your environment, remain muted while others are sharing, and maintain an atmosphere of recovery.

Is there anyone at this meeting for the first time? Please unmute yourself and introduce your yourself by first name. If anyone would like phone numbers, we ask that women give numbers to women and men give numbers to men. Please only send your number via private message in the chat if you have 90 days or more clean. Anyone with any amount of clean time who would like phone numbers, please raise your digital hand so we know who to send them to.

 **Thank you.**

**[chairperson share your screen and display the readings at** <http://twinriversna.org/na-readings/>**]**

Could someone please read:

* **Who is an Addict?**
* **Why are We Here?**
* **What is the NA Program?**
* **How it Works**
* **The 12 Traditions of NA**
* *Could someone read the Just for Today Meditation? (someone reads)*

 **[chairperson share your screen and display the keytags at** [**http://twinriversna.org/keytags/**](http://twinriversna.org/keytags/) **you can select a member to read the keytags or do it yourself]** Narcotics Anonymous and this group celebrate clean time which is the *complete* abstinence from all mood and mind altering substances, *including* alcohol, because alcohol is a drug. If you are celebrating any of these milestones please unmute yourself and speak up, so you can recognized and given a virtual hug…

Is anyone celebrating…

■30 Days ■60 Days ■90 Days ■6 months ■9 months ■1 year

■18 months ■Multiple Years

Now for the most important person, is there anyone with **24 hours or less?**

Just to show the newcomer that this program works, would all those with a year or more clean please raise your hand?

Who has Just for Today?

Would anyone like to be recognized for your clean time?

Our 7th Tradition states that “our groups are fully self-supporting, declining outside contributions.” Donations are not necessary, but if you are an NA Member, you can donate to NA by visiting NA.ORG and clicking on the basket that says **CONTRIBUTE**, or you can save up your dollars until live meetings resume.

The Sunday Midday Meeting of Twin Rivers is a Basic Text Stories & Round Robin Meeting. What that means is, I have been writing down the names of people as I notice them come into the room. We will first read the story from the Basic Text, then I will call on people in the order they are written on my list. If you would like to share – on the topic – or on anything affecting your recovery, please do. If you would like to pass, please just unmute yourself and say PASS – or message the chat that you would not like to be called on.

A burning desire is if you want to get high, hurt yourself, or hurt someone else. We do not reserve a special time for the burning desire - If at any time during the meeting you have a burning desire, please message me in the chat or raise your digital hand and you will be called on next.

**READ STORY

We will now begin reading on page \_\_\_\_ of the 6th edition of the basic text:
Thank you everyone for reading. For anyone just coming in, this is a round robin meeting. You will be called on to share in the order I noticed you come into the room. If you would not like to be called on, please message me in the chat, or simply say “pass” when called on. We will continue going around the zoom room in this fashion for as long as time allows. If you have a burning desire, please raise your digital hand and you will be called on.**

12:50pm: We save the last 5 minutes for burning desires. A burning desire is if you need to share about something affecting your recovery that makes you want to get high, hurt yourself or someone else. Does anyone have a burning desire?

**Narcotics Anonymous and this group offer 9 suggestions:**

* **Avoid people places and things you used with and at.**
* **Come early and stay late.**
* **Go to meetings and don’t use.**
* **Get a sponsor**
* **Get a homegroup**
* **Make 90 meetings in 90 days**
* **Use the phone**
* **Get involved in Service**
* **Keep Coming Back, it works**

 *(If there is a speaker thank them again.)*

Can someone please read:

We do recover

→ Just for Today

CLOSE OUT MOMENT OF SILENCE/ PRAYER

**THIS CAN BE COPIED AND PASTED INTO THE CHAT**

Twin Rivers Weekly Schedule 11:30 Am

Mondays Basic Text

Tuesdays Living Clean

Wednesday Ask It Basket

Thursday Informational Pamphlets

Friday Speaker Meeting

Saturday Speaker on the Living Clean and Ask it Basket

Sunday Basic Text Stories